Directions: There are four trailheads you can use to hike Medicine Bow Peak. The shortest and most direct route is from Lewis Lake in the Sugar Loaf Recreation Area 11.2 miles west of Centennial on WY 130. If you continue on WY 130 you’ll come to the Mirror Lake Trailhead in 13.5 miles, the Lake Marie Trailhead in 14.2 miles and the turnoff for FS RD 103 in 18 miles which leads you to the Dipper Lake Trailhead.

The Medicine Bow Peak is the highest peak in the Snowy Range at 12,013 feet. It is part of a rugged ridge line that towers over several alpine lakes and forest below.

There are several different trailheads that will take you to the summit. The Lewis Lake Trailhead is very scenic at 1.6 miles offers the shortest route to the summit.

The Lake Marie Trailhead offers a generally more gradual, but longer climb (3.6 miles) which is just as scenic. It will also take you near an old lookout cabin.

No matter your route, you will hike through some very steep sections and very rocky sections but there is hardly a spot on the trail that doesn’t offer a stunning view.

For more information about these trails and others visit www.justtrails.com.

- The trail is open all year but is difficult to get to after the Wyoming Highway 130 closes for the winter.
- There is a $5 per vehicle day use fee at the Sugar Loaf Recreation Area. No other trailhead has a fee.
- These trails range in elevation from 10,480 feet at the Lake Marie Trailhead to 12,013 feet at Medicine Bow Peak.
- Approved Activities Include: Hiking.
- Dogs are welcome on the trails but must be under control at all times.